

****For Immediate Release****

Make Your Home an Eco Home

A New Course in conjunction with The Green Register

Following on from last weekend's Bristol Green Doors event comes a timely new 6 week course entitled: 'Make your home an eco home' which aims to demystify what it takes to start living more sustainably in your home.

Taking place on Tuesday evenings from 5th October - 16th November at The Create Eco Home, Bristol, the course for homeowners will look at the 3 key areas of *building fabric, appliances and temporary measures, and habits and lifestyle.*

Course tutor Martin Fodor said:

"If you look at these 3 aspects of your home you will begin to use energy more consciously and efficiently, cut carbon and increase your comfort while reducing your bills. We hope to inspire and inform people who are trying to get started on their own eco-retrofit or renovation projects."

He added:

"The course is designed to take a practical and interactive look at homeowners' needs and help them understand their home, the way they use it and how they manage it. That way renovation plans will fit their lifestyle and budget. We think the no-cost and low-cost savings we can advise on will be a great way to start the project. Then with the better understanding they have people will be ready to have a more useful discussion with professionals and installers. "

Guardian 'Green Hero' Lucy Pedler, TGR's Director, Said:

"This course will provide home owners with some good, practical advice in how they can reduce their impact on the planet whilst making their home more comfortable and lowering their fuel costs."

Christine Davis, Project Manager at the CREATE Centre said:

"Taking place in Bristol's unique Ecohome, this course will make full use of an inspiring and informative setting to look at energy saving products, insulation samples, and ways to monitor your energy use. Participants should find it well worth their while taking the course and we're delighted to be offering it here this autumn."

Places are limited so to secure your place on this course please call The Green Register on 0117 3773490 or email mail@greenregister.org.uk. You can also book online at: www.greenregister.org.uk

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Notes to Editor:

1. To arrange an interview about the 'Make Your Home Eco' course please contact Martin Fodor on 07905 340972, or Maddy Longhurst on 07791 373483 or email on makeyourhomeeco@gmail.com
2. For general enquiries about the Green Register call Mel Woodland on 0117 3773490 or see the website at www.greenregister.org.uk. The Green Register is an independent, self-funded organisation which pioneers sustainable building practices across all sectors of the construction industry, and is based at The Create Centre.
3. The Create Ecohome is a unique demonstration house designed to explain lower impact housing and living. For normal open hours contact the Create Centre on 9250505 or see: [EcoHome](#) .
4. MakeyourhomeEco is a new learning initiative developed by Martin Fodor and Maddy Longhurst to offer participatory, learning opportunities focussed on ecorenovation and lower impact living. It draws on practical experience of sustainable energy and construction as well as interactive approaches to learning and doing. For details of the course online see <http://www.greenregister.org.uk/events.php> for detailed info

And for fuller background see:
www.bristolgreendoors.org > The Programme – October 5th

5. The course has 6x 2 hour practical sessions with fun 'ecohomework' assignments for participants to get the most from the discussions each week by looking at their energy use, building, and researching appliances between classes. It takes a break at Half Term/Energy Efficiency week in late October, but ties in with a 'Green Homes Market' to meet installers and professionals at Create on November 13th - see <http://www.vistec.org/createbristol/pdf/create-programme-oct-dec2010.pdf>